



“Using a democratic structure, SABEA supports student success and works toward improving the professional, economic, and personal lives of our members and families.

<i>President's report</i>	<i>Page 1</i>
<i>Sunshine Report</i>	<i>Page 2</i>
<i>3rd Week Rep Meetings</i>	<i>Page 3 More info. for Rep. meetings</i>
<i>Labor Ambassador Report</i>	<i>Page 4</i>
<i>Members Bulletin Board</i>	<i>Page 4</i>
<i>Member Questions</i>	<i>Page 4</i>
<i>Food for Thought</i>	<i>Page 5</i>
<i>What National Month Is It?</i>	<i>Page 5</i>
<i>Legal and Financial Plans</i>	<i>Pages 6 & 7</i>
<i>Retirement Questions</i>	<i>Page 6</i>
<i>Share My Lesson</i>	<i>Page 7</i>
<i>Women's March on DC</i>	<i>Page 8</i>
<i>1st VP Report</i>	<i>Page 9</i>
<i>Ex VP Report on Conferences & Workshops</i>	<i>Page 10</i>
<i>Happenings</i>	<i>Page 12</i>
<i>Member Benefit Ad</i>	<i>Page 14</i>

NOTE FROM PRESIDENT RUTH SHIPPEE:

“THEY DID, WE SHOULD, WE WILL”

It looks like we may have a real north east winter this year: snow and cold. It looks like the reception unions are facing will also be chilly. From our brother and sisters on the Momentive strike line to others who are fighting to keep benefits or get a living wage, it is important for all of us who are union members to stand together. We may not agree on all the issues, but we can agree that protecting our benefits, wages and pensions are important. When we stand with other union workers, we work to protect what we have fought for and continue to strive to improve.

There have been many of colleagues in education settings around the country that have found themselves in a situation where the rights and benefits they had fought for were taken away. It happened in many cases faster than they expected; they didn't believe it could happen. Unfortunately, it did and can.

That is why it is so important to be informed and be active in protecting union rights and the benefits they provide. Be ready to send an email, make a phone call, visit our representatives and let them know how protecting our collective bargaining rights is important. When our “part time” legislature gets back

in town, please be ready to make the contacts to help move our issues forward. March 1 is the official BOCES lobby day when we present a united front with administration on important issues such as raising the rate of reimbursement for CTE salaries from the 1990 level of \$30,000 so districts can make the decision to send students and not be hurt financially.

How do you get informed? Go to NYSUT.org, join the MAC (Member Action Center) using the app, read and listen. We won't accomplish our goals unless we work together. Be ready for the call: February, March and April are key months here in New York.

In other news, several SABEA'ns will be joining in on the January 21 Women's March in Washington, DC. It will be an exciting and powerful event. (Look on FACEBOOK and NYSUT.org for more information.)

From my family to yours, Merry Christmas and a Happy New Year.

Ruth sabea.nysut@gmail.com

Sunshine Club Report

*Keep these SABEA members in mind both for support and in joys!
Let Laura at sunshineclublaura@hotmail.com know about any life events: she would rather her multiple times than not recognize and reach out to people. This also includes information regarding our many retirees!*

November 2016

GET WELL

John Winch: Surgery

WE ARE SO SORRY FOR YOUR LOSS

Sally O'Donnell: Retiree: Passed away

Eileen Woodcock: Myers Center: Father passed away



UNION REPRESENTATION

As an employee, you may have a right to the presence and counsel of a union representative at a meeting where your conduct is being questioned and you reasonably believe disciplinary action may result. If you are in doubt about whether you are entitled to union representation, ask for it anyway.

This year's reps are:

SAEC:

- o Michele Morris 321-4552 *mmorrisunion@gmail.com*
- o Lisa Colvin 260-9994 *colv77@yahoo.com*
- o Owen Landrey 914-772-7669 *owenlandrey@gmail.com*
- o Keaysie Carpenter 681-6822 *misskeaysie@gmail.com*
- o Jim Blakey 793-1416 *jblakely8615@roadrunner.com*
- o **Gick Road:**
- o Chris Guenther *cgguenther01@gmail.com*

Itinerants:

- o Terry LaNoir 796-3154 *tdlanoir@gmail.com*
- o Deena Pearlee 307-3619 *dctracy73@yahoo.com*

Myers:

- o Paul Cerone 583-9935 *pcerone@gmail.com*
- o Jane Amorosi 355-8576 *janie64@nycap.rr.com*
- o Mary Moyles 322-1273 *shamrocks2@aol.com*
- o Kim Weaver 884-8153 *kweav60@gmail.com*
- o Linda Parker 232-0985 *jparker24@nycap.rr.com*

SSTLC:

- o Mike Dinsmore 683-8712 *md1093@yahoo.com*

WSTLC:

- o Nancy VanVoast 496-5958 *nvsquare@gmail.com*

Retiree

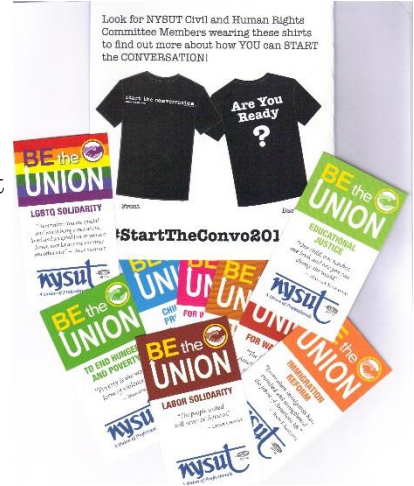
- o Stephanie Pischel 355-0360 *spischel@netzero.net*

SABEA Labor Ambassador Update

Merry Christmas and Happy New Year!

I wanted to start introducing you all to something I think is important to us. NYSUT has a new way of speaking about Social Justice and why it is important to us now more than ever! SABEA will be introducing these topics in the near future and hope you will become an activist for one of these issues. Check out the attached flyer!

In Solidarity,
Sandie Carner-Shafran



SABEA Members: Bulletin Board

This feature contains information about things members are doing. This may include items like bands they play in or plays they are a part of. Kicking off businesses could also be included. Send your information by the 2nd week of the month to SunshineClubLaura@hotmail.com to be included in the newsletter. Items may also be added to our FACEBOOK page so send in the information.

- **Gluten Free Baked Goods!** Contact Laura Rychcik for delicious gluten free cookies and cupcakes (from a dedicated gluten free kitchen)! For order information contact: Laurars31@gmail.com



- **Doggie Treats!** Homemade dog treats with no added preservatives. Contact Nicole Mabey at buddysbarkery1@gmail.com or 518-321-6274



- **Arbonne:** Tracey Rockenstyre is your independent consultant for Arbonne international, a health and wellness company. Here's a link to her website: www.bit.ly/tracyrock also have a fb biz page: @trockarbonne

"I HAVE A QUESTION ABOUT..."



MEMBERSHIP- CONTACT DEBBIE BEAULIEU
FACULTY CONCERNS/GRIEVANCES- CONTACT JO JAMES
SRP CONCERNS/GRIEVANCES- CONTACT DEB VIEHMANN

Food for Thought: Guacamole

Ingredients

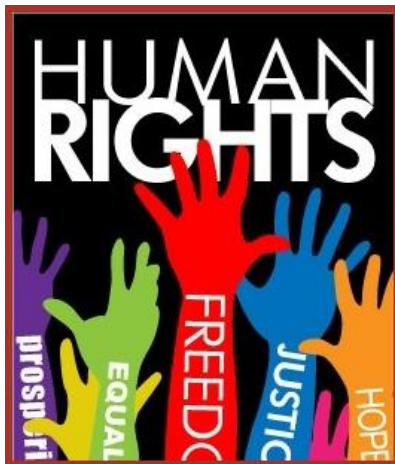
- 2 tablespoons of olive oil
- ½ teaspoon of salt
- 2 tablespoons of chopped onion
- ½ juiced lemon
- 2 avocados

Directions

- Half the avocados, remove seeds, and then scoop the pulp out in a small bowl. With a fork, mash the avocado. Stir olive oil, salt, onion, and lemon juice in. cover bowl and then put this in a refrigerator for about an hour before you serve.



December is National Human Rights Month



How can you observe the Universal Month for Human Rights?

There is a lot of turmoil in the world. Open up any newspaper or look on any Facebook or Twitter feed and see the many challenges our planet is constantly facing.

One of the most important things you can do throughout the course of this month – and even beyond – is to find common ground with the people around you. We must remember that all human beings were born into the same world we were and that, despite our differences, we must learn to function here together. Human Rights Month is about

acknowledging that people of different races, religions, cultures, and beliefs are still just that: people. We must be careful of differentiating ourselves from others so much that we forget this.

Take the time to learn about another culture that is different from yours – perhaps a culture that makes you nervous or uneasy.

Research their history or perhaps make a new friend that is a member of that culture. You'll start to see quickly how similar all people really are. You'll start to see just how important it is that everyone be treated with dignity and respect.

Legal Plan Updates

Didn't get in to do your paperwork for your will, etc.? Don't worry, there is still time.

Steps:

- 1. Take form that is on our SABEA website
http://sabea.ny.aft.org/files/legal_security_package_questionnaire.pdf**
- 2. Complete for yourself and your spouse/significant other**
- 3. Mail to address on back page of packet**
- 4. When completed documents arrive to you in the mail, take to one of the lawyers listed and they will witness your signing (at no charge)**
- 5. And you and your loved ones will have peace of mind.**

Don't wait--- too many of our members have been in a situation where they wished they had done this. This service is at no additional cost to you and would cost you several 100's of dollars if you went to have these documents completed outside of the legal plan.

Retirement questions:

Have you reviewed your retirement system (TRS or ERS) statements recently? Who are your beneficiaries? Primary and contingent? It's never too early to be checking on your pension.

Financial Plan Updates

Financial Advisors:

Is your money working the best that it can for you? Don't have enough money? Want to have more?

Contact Call Stacey Braun Assoc. at [\(888\) 949-1925](tel:8889491925) to make an appointment today!!

Through the Financial Plan that SABEA purchased trained financial advisors can help you navigate how to make your assets- however small or large they are- work better for you. They do not sell any products, just evaluate what you have and where you might do better.

Start 2017 off by taking control of your finances and future

Call today!

Topics you could discuss include: Retirement, Debt Management, Budgeting, Investments (403b, etc.), Estates, Elder Care, Education Funding Methods, Refinancing, Financial "second opinion", Life, Disability, Long Term Care Insurance, Any other financial topic



AFT Share My Lesson

Looking for ideas for a lesson? Have a really great lesson that you would like to share with others? Check out Share my Lesson <https://sharemylesson.com/>

This site has ideas on lessons that have been vetted and ready to use. Share your ideas and work with educators from around the country.

Woman's March



On January 21, 2017 10 am we will unite in Washington, DC for the Women's March on Washington. We stand together in solidarity with our partners and children for the protection of our rights, our safety, our health, and our families -- recognizing that our vibrant and diverse communities are the strength of our country.

The rhetoric of the past election cycle has insulted, demonized, and threatened many of us-- women, immigrants of all statuses, those with diverse religious faiths particularly Muslim, people who identify as LGBTQIA, Native and Indigenous people, Black and Brown people, people with disabilities, the economically impoverished and survivors of sexual assault. We are confronted with the question of how to move forward in the face of national and international concern and fear.

In the spirit of democracy and honoring the champions of human rights, dignity, and justice who have come before us, we join in diversity to show our presence in numbers too great to ignore. The Women's March on Washington will send a bold message to our new administration on their first day in office, and to the world that women's rights are human rights. We stand together, recognizing that defending the most marginalized among us is defending all of us.

We support the advocacy and resistance movements that reflect our multiple and intersecting identities. We call on all defenders of human rights to join us. This march is the first step towards unifying our communities, grounded in new relationships, to create change from the grassroots level up. We will not rest until women have parity and equity at all levels of leadership in society. We work peacefully while recognizing there is no true peace without justice and equity for all. HEAR OUR VOICE.

Reserve your seat on the bus at: <http://myemail.constantcontact.com/Binghamton--Ithaca--1-21-Women-s-March-on-Washington-BUSES--Leave-and-come-back-the-same-day---Click-below-to-reserve-before-the.html?soid=1115118849515&aid=8gdJVmFnbUY>

Jo James

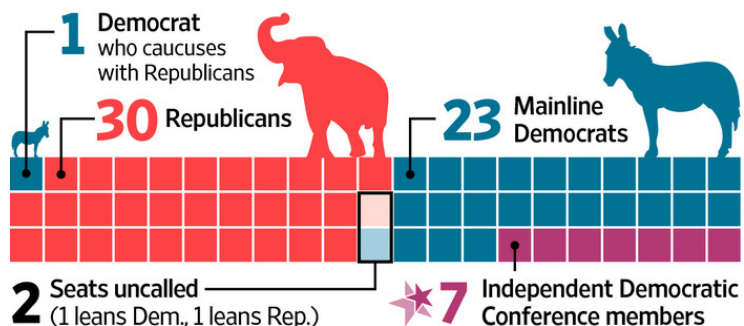
1st Vice President's Report

Ruth, Sandie and I attended the BOCES Leadership Council Meeting December 9-10. The meeting began with an open issues forum led by Catalina Fortino, Vice President of NYSUT and Dan Kinley, NYSUT Research & Educational Services. BOCES leadership from all areas of the state expressed concern regarding on violence in classrooms, injuries to staff, lack of qualified candidates for jobs, and unfilled substitute positions. The Council's next step is to meet with Christopher Suriano, Assistant Commissioner of Education to share our concerns.

Jackie Paredes, NYSUT Legislation, outlined the demographics of the NYS Senate and Assembly. While the Assembly has a clear democratic majority, things aren't so clear in the state senate.

Senate Strife

New York state Senate Republicans believe they won enough seats Tuesday to retain control of the chamber, but Democrats say they may ultimately prevail.



Sources: New York State Senate; Associated Press

THE WALL STREET JOURNAL.



BOCES Lobby Day is Wednesday, March 1st a team will be going to Albany to provide important information to legislators and their staff. This is our opportunity to talk with lawmakers directly about foundation aid, tax cap, aidable salary cap, expanding access to graduation pathways, etc.

The issues NYSUT will be advocating during next month's Day of Action include: fully funded community schools, limited standardized testing, protecting undocumented students, ensuring access to affordable higher education and living wages that lift working people out of poverty.

NYSUT, according to the Board's resolution, "will join with AROS to lead the resistance to efforts to attack public education, immigrants, worker rights, and lift up our positive vision to protect and improve public education."

New York State United Teachers is a statewide union with more than 600,000 members in education, human services and health care. NYSUT is affiliated with the American Federation of Teachers, the National Education Association and the AFL-CIO.

Nicole Mabey, Executive Vice President's Report For December 2016

Here's what's going on at NYSUT. Below is a list of conferences that will be offered in 2017.

Leadership Institute Winter Session: February 2-4 – Saratoga Springs

Local & Retiree Council Presidents Conference: April 6-7 – New York City

Representative Assembly: April 7-9 – New York City

[Health & Safety Conference](#): March 3-4 – Saratoga Springs

Professional Issues Forum on Health Care: April 22 – Latham

Local Action Project Conference (LAP): July 10-14 – Saratoga Springs

SRP Leadership Conference: October 20-22 – Albany

Community College Conference: October 27-29 - Saratoga Springs



NYSUT News

Please read "Karen's notes: We will not stand idly by as our public schools and colleges get charterized, voucherized and privatized." This can be found in the December 9th NYSUT Leader Briefing.

While typically not a political person, I feel compelled to urge everyone to learn all that you can

about who is being selected to head the biggest committees and cabinets in our country. In particular, I ask you to learn about Betsy DeVos, President-elect's choice for Secretary of Education. Funneling money away from public education and into charter schools will only continue to place a strain on public funding and quality public education. Let's fight so this doesn't happen. Please click on the link and read [NYSUT President Karen Magee's Blog](#) on the topic and click on the link to sign the petition to [Say no to DeVos](#).

- **NYSUT Board passes resolution to mobilize in defense of public education**

Source: NYSUT Media Relations

ALBANY, N.Y. Dec. 6, 2016 — New York State United Teachers announced today the statewide union would mobilize to combat federal policy under the incoming president-elect and his administration that would aim to dismantle public education and harm the nation's students.

Under a [resolution passed Saturday by NYSUT's Board of Directors](#), the union will take part in a Jan. 19 national Day of Action organized by the Alliance to Reclaim Our Schools, a nationwide network of community groups and unions promoting educational and social justice.

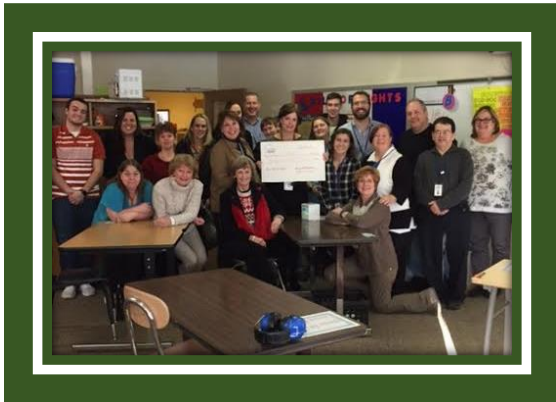
The NYSUT board's resolution comes on the heels of the controversial nomination of Betsy DeVos for U.S. secretary of education. DeVos — who has no experience or expertise in education — has used her family's vast fortune in Michigan to push for the proliferation of for-profit charter schools and the implementation of voucher schemes that have siphoned millions from public schools.

"Betsy DeVos has spent a lifetime using her family's billions to push for policies that would systematically destroy the nation's public education system, including institutions pre-K through higher education," said NYSUT President Karen E. Magee. "Her nomination defies logic and represents the potentially destructive path on which our next president could set this nation. NYSUT will not relent in its fight to protect students, families, schools and communities against the threats posed by the policies of such dangerous ideologues."

NYSUT Vice President Paul Pecorale, the union's liaison to AROS, agreed.

"Betsy DeVos is an anti-public education zealot, who in Michigan has been a major player in what has been called 'the Wild West of Charter Schools' — 80 percent of which are for-profit," he said. "She has no meaningful background in education and has a long history of waging war on public schools. Her philosophies, if carried forward, would threaten our students and their futures. It is imperative we stand up to the danger this presents to public education."

The comments by Magee and Pecorale align closely to the concerns expressed by leaders of the National Education Association and American Federation of Teachers, NYSUT's national affiliates. AFT President Randi Weingarten called DeVos "the most anti-public education nominee" ever put forth since the creation of the U.S. Department of Education. NEA President Lily Eskelsen García said by nominating DeVos, President-elect Trump has demonstrated just how "out of touch" he is "with what works best for students, parents, educators and communities."



WSTLC accepting a check from SABEA to help fund their Boystown program!

Each year SABEA supports our students through these contributions, awards and Scholarships.

SABEA's Social Committee held a holiday party at Blue Agave in Saratoga. A silent auction, Ugly Sweater contest and 50/50 raffle contributed over \$500 towards student awards and scholarships.



NYSUT MEMBER BENEFITS ANNOUNCES 4 NEW ENDORSED PROGRAMS!



Office Depot/OfficeMax

This program offers NYSUT members & their families the opportunity to save up to 80% on almost 100,000 products in all Office Depot/OfficeMax locations or online through the company's website; the average savings on items is approximately 30%. NYSUT members can save on school supplies, office supplies, ink & toner, copying & printing, and much more.

Tunstall Medical Alert

Tunstall offers a variety of medical alert products that ensure NYSUT members and/or their family members living alone can get quick assistance when they need it; the majority of Tunstall's products have a lightweight, waterproof activator that can be worn around the neck or wrist.

When pushed, the Tunstall activator signals a base unit that in turn communicates directly with the Tunstall 24/7/365 Emergency Response Center. Tunstall offers personal emergency response systems for both traditional landline and cell phone users that directly connect with the Tunstall Emergency Response Center when the activator button is pushed.

Premier World Discovery

This program offers a variety of group tour vacations designed for active adult American travelers specializing in domestic and international worldwide tours. NYSUT members & their family members who use the Premier

World Discovery program can save \$100 per person on specific tours and cruises.

Since the company's inception in 1999, Premier World Discovery has developed a lineup of more than 70 travel programs around the globe, including fully-escorted tours, unique rail tours, private-chartered European river cruises, festive holiday and New Year's getaways, and more.

Abenity Discounts

The Abenity discounts program gives NYSUT members access to approximately 290,000 exclusive member discounts across 10,000 U.S. cities, including discounted tickets for entertainment & sporting events; a variety of travel opportunities; and numerous local deals.

With the Abenity discounts program, you'll be able to enjoy substantial savings on tickets to the latest blockbuster movies or theater events, theme parks, museums & attractions, zoos, major appliances/televisions, restaurants, groceries, gym memberships, and much more!

NYSUT members can utilize their Abenity discounts program on any mobile device and gain access to exclusive local deals no matter where you are. Purchase tickets to more than 3,000 movie theaters and theme parks. There are no hidden fees and you'll receive electronic tickets immediately!

To learn more about Member Benefits-endorsed programs & services, visit memberbenefits.nysut.org or call 800-626-8101.

For information about contractual endorsement arrangements with providers of endorsed programs, please contact NYSUT Member Benefits. Agency fee payers to NYSUT are eligible to participate in NYSUT Member Benefits-endorsed programs.