



“Using a democratic structure, SABEA supports student success and works toward improving the professional, economic, and personal lives of our members and families.”

SABEA: YOUR UNION’S MONTHLY NEWSLETTER:

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NOTE FROM PRESIDENT RUTH SHIPPEE:

“THEY DID, WE SHOULD, WE WILL”

Greetings!

By the time you read this, hopefully the majority of the school budgets in our area have passed. It appears that many people are finally recognizing that those of us who work in public education do care a great deal about our students. We care about our programs and how they impact on our students and their future. I hope everyone was able to get to their local vote.

If you have not already, please remember to let Chris Ogden know at the Myers Center that you are coming to the Retirement Party on June 3 at the Holiday Inn at Saratoga Springs. Come wish this year's retiree class well as they begin the next phase of their lives.

Do you expect to have your pension? This among other things may be removed from the New York State Constitution if the state decides to have a convention. That is one reason to support VOTE Cope this year. Actives and retirees are encouraged to sign up for payroll deduction so we can help to ensure that our pensions among other items are protected.

As part of our VOTE Cope drive, people who increase their contributions per payroll by \$1.00 or contribute minimum amount will receive a coupon to go to our on-line store at

www.UNITEGEAR.com to order various clothing articles with our SABEA logo on it.

Be on the lookout for your rep to get your VOTE Cope materials to you (retirees can contribute through their pension funds also.)

Enjoy the warm weather.

In solidarity—

Ruth

SABEA.NYSUT@gmail.com



Sunshine Club Report

Keep these SABEA members in mind both for support and in joys!

Let Laura at sunshineclublaura@hotmail.com know about any life events: she would rather her multiple times than not recognize and reach out to people. This also includes information regarding our many retirees!

April 2016

GET WELL!!

Robin Nadeau, SAEC: Had surgery
Maria Richards, TSPN: Had surgery
Amanda Blondin: Was hurt

SORRY FOR YOUR LOSS!!

June Rogers, STTLC: Brother-in-law: Passed Away
Deb Beaulieu, Myers: Grandmother passed Away
Maura Davis: Mom Passed Away
April Wescott, STTLC: Grandmother passed Away
Turina Parker, SAEC: Brother-in-law passed away
Nancy Destefano, OASES: Mother-in-law passed away
John Coffinger: Mother passed away

CONGRATULATIONS!!

Chris Gunther and his wife welcomed a baby girl!

UNION REPRESENTATION

As an employee, you may have a right to the presence and counsel of a union representative at a meeting where your conduct is being questioned and you reasonably believe disciplinary action may result. If you are in doubt about whether you are entitled to union representation, ask for it anyway.

3rd week Rep. Meeting Schedule:

- **SAEC:** Thursday at 2:30, additional to be scheduled

Michele Morris 321-4552 mmorrisunion@gmail.com
Lisa Colvin 260-9994 colv77@yahoo.com
Owen Landrey 914-772-7669 owenlandrey@gmail.com
Paul Crandall

- **Gick Road:** Tuesday at 3:30

Rep Chris Guenther cgguenther01@gmail.com

- **Itinerants:** Thursdays @ 3:30 in SAEC E

Terry LaNoir 796-3154 tdlanoir@gmail.com

- **Myers:**

Thursday at 10:50- Paul Cerone 583-9935 pcerone@gmail.com
Wednesday at 2:45- Jane Amorosi 355-8576 janie64@nycap.rr.com
Mary Moyles (rm 8/9) 322-1273 shamrocks2@aol.com
Wednesday at 2:45- Kim Weaver 884-8153 kweav60@gmail.com

- **SSTLC:** Thursday at 2:30

Julie Madison 798-8886 tjmmadison@yahoo.com

Mike Dinsmore 683-8712 md1093@yaooo.com

- **WSTLC, Burgoyne will meet at WSTLC:** 2:30 on Thursday

Nancy VanVoast 496-5958 nvsquare@gmail.com

Jackie Plude 791-3702 marmiep09@yahoo.com

- **Retiree**

Stephanie Pischel 355-0360 spischel@netzero.net

**You do not have to attend at your site if another works better for you.

SABEA Members: Bulletin Board

This new feature contains information about things members are doing. This may include items like bands they play in or plays they are a part of. Kicking off businesses could also be included. Send your information by the 2nd week of the month to SunshineClubLaura@hotmail.com to be included in the newsletter. Items will also be added to our FACEBOOK page so send in the information.

- ✓ *Come hear from Joey Gero and his mom, Bev, as they play in their band, VIVID. For more information on dates and times please contact jgero@wswheboces.org*



- ✓ **Gluten Free Baked Goods!** *Contact Laura Rychcik for delicious gluten free cookies and cupcakes (from a dedicated gluten free kitchen)! For order information contact: Laurars31@gmail.com*



Retirement!

The New York Times: New Law To Strip Social Security Numbers From Medicare Cards

Concerned about the rising prevalence and sophistication of identity theft, most private health insurance companies have abandoned the use of Social Security numbers to identify individuals. The federal government even forbids private insurers to use the numbers on insurance cards when they provide medical or drug benefits under contract with Medicare.

Social Security numbers will not be imprinted on Medicare cards for much longer. Government watchdogs have long advocated for the change based on growing identity theft concerns. Starting April 20, 2016

Social Committee!

Retirement Party!

Where: Saratoga Holiday Inn

Price: \$23 per person

When: Friday, June 3, 2016

RSVP: ASAP. After May 20, Price \$26

Time: 3:00-6:00

Chris Ogden (Myers Center, 581-3611)

From the Desk of Sandie Carner-Shafran
SABCA Labor Ambassador

Important for information for teachers & teaching assistants;

At this week's meeting, the Regents adopted emergency regulations to implement the legislation requiring teachers to register every five years.

Beginning in July, all permanent, professional and **level III teaching assistant** certificate holders will be required to register with SED in the month of their birth date.

Re-registration will be required every 5 years. There is no fee for registration. A late fee of \$10 will be charged if the deadline is missed.

Details on the actual registration process are still to be determined.

All professional and **level III teaching assistant** certificate holders will be required to meet a 100 hour professional development requirement every five years beginning in July of 2016.

School districts and BOCES will continue to be approved providers, along with Teacher Centers, Higher Education institutions, NYSUT ELT and professional organizations. School districts will continue to be required to provide opportunities to meet the requirement.

NYSUT will be providing a fact sheet with additional details.

Teaching Assistants that will be impacted by these regulations are ones that were hired in 2004. Please check with your SABEA Rep for more information.

HEART WALK!

Join our SABEA team!

June 11, 2016

Where:

Empire State Plaza
State Street
Albany, New York, 12207

When:

Starts: Sat, 11 Jun 2016 9:00:00 AM

REGISTER AND DONATE AT :

www.capitalregionheartwalk.org

Step 1: Register, Step 2: Join Team, Step 3: Select Company- Team NYSUT, Step 4: Select SABEA from the list

CONFERENCES, WORKSHOPS, AND WEBINARS

- Webinar: Trauma Sensitive Schools - Transformational School Climate Change

It is estimated that nearly every school has children who have been exposed to traumatic experiences.

This NYSUT webinar addresses:

- The prevalence of trauma among school children
- The impact of trauma on behavior, relationships and learning at school
- The elements of a trauma sensitive school approach
- Resources for implementation

<https://www.youtube.com/watch?v=637ohi-6ewg>

- Webinar: Risks of wireless technologies and protecting children and staff in schools

<https://www.youtube.com/watch?v=dKPMoGamanY>

Member Workshops for Teachers Years 2, 3 and 4 in the month of May and July 6th for
Teachers Years 1-4:

Workshops are for Teachers Years 2, 3 and 4:

- May 18th, 4:00 p.m. - 7:00 p.m. Raindancer, Amsterdam
- May 23rd, 4:00 p.m. - 7:00 p.m. NYSUT Headquarters
- May 24th, 4:00 p.m. - 7:00 p.m. Fort William Henry, Lake George

Teachers Years 1-4:

- July 6th, 8:30 a.m. - 1:00 p.m. NYSUT Headquarters

Light refreshments will be offered followed by our program and break-out sessions. We hope local presidents or Mentor Coordinators will join us. There is no cost for the event.

We do have limited space for these events, so sign up early! Please have all attendees register via this link

<http://www.nysut.org/eReg/CDROMM1>.

Resources for Educators: Addressing the New York State Learning Standards

Lesson plans and classroom videos: <http://www.nysut.org/resources/special-resources-sites/nys-learning-standards>

May 19, 2016, 6:30 p.m.

SALT Meeting (Southern Adirondack League of Teachers)

Pizzeria Uno, Queensbury

Contact: Tammy Boire tboireot@gmail.com

May 12, 2016, 8:00 a.m.

RC – 10 Retiree Council Conference

NYSUT Headquarters

Contact: Barbara McCarthy bmccarth@nysutmail.org

May 18, 2016, Wednesday, 4:00 p.m. – 7:00 p.m.

Member Workshop – Teachers Years 2, 3 and 4

Raindancer Restaurant, Amsterdam

Register at: <http://www.nysut.org/eReg/CDROMM1>

Update on Group Legal Plan benefit for SABEA members:

Are you saying “oops- I meant to do this?” No problem for our active members. Just contact your rep for the form(s) and call the 800 number in it, complete the questionnaire and mail in. Also, go to Member Benefits page of NYSUT.org for more information on what this group plan that SABEA is participating in will provide you. A brief summary are:

*Additional Services Offered at **No Charge**:*

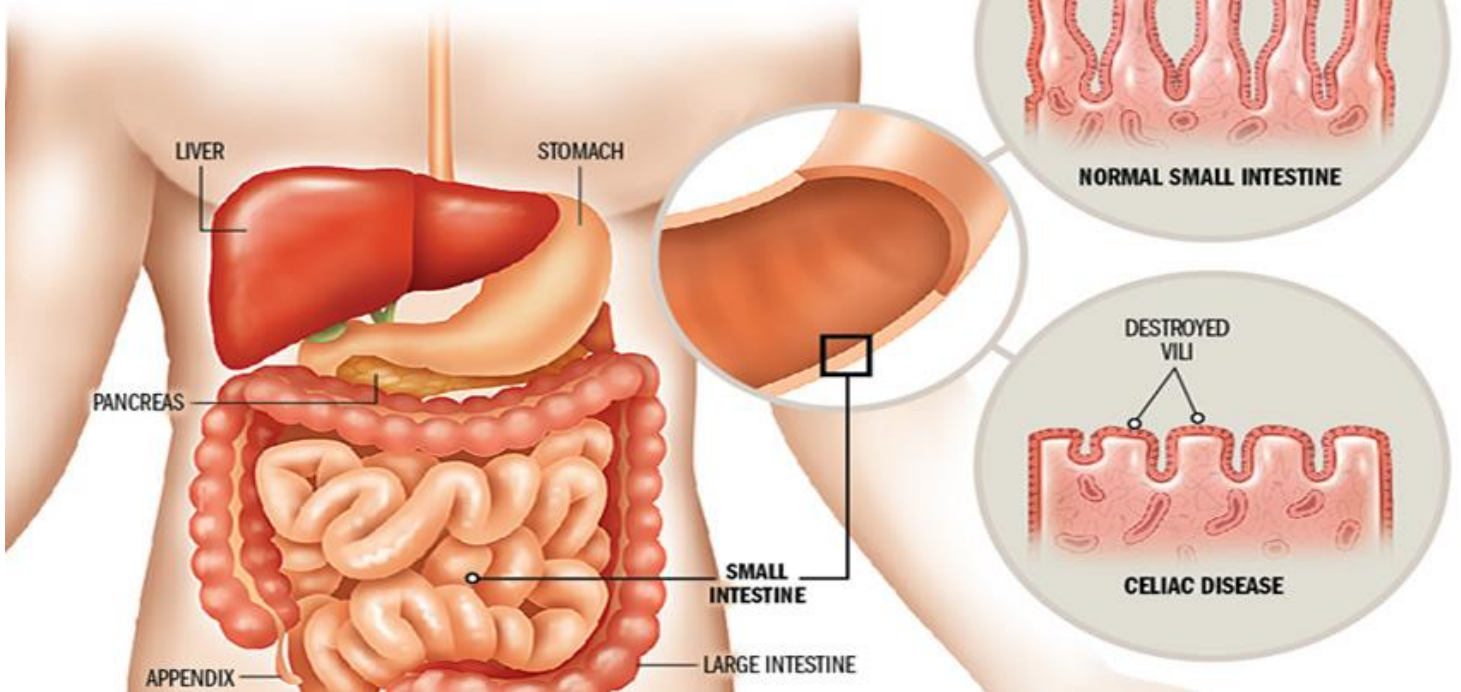
- 1. Telephone advice & consultation with an attorney**
- 2. Two, free, hour-long office consultations with a National Legal Office attorney or local referral attorney**
- 3. Legal letters written & phone calls made on your behalf**
- 4. Guaranteed maximum fees for specific legal matters**
- 5. Discounts for uncontested estates -- probate**
- 6. Nationwide referral attorney network**
- 7. Legal Security Package that includes a Simple Will, Health Care Proxy, Living Will, and Power of Attorney**
- 8. Guaranteed hourly rates**
- 9. Advice on identity theft prevention and for identity theft victims**
- 10. Assistance with debt consolidation**
- 11. Assistance with mortgage foreclosure**
- 12. Discounts for personal injury cases**
- 13. Document preparation at fixed rates**
- 14. *Preventive Law Guide* newsletter (published three times per year)**
- 15. Optional Riders for Elder Law & Business Protection.**

May is National Celiac

Damage from celiac disease

In the small intestine, tiny hairlike projections called villi absorb nutrients from the food. In celiac disease, the immune system's response to gluten contact destroys the villi, leading to nutritional deficiencies.

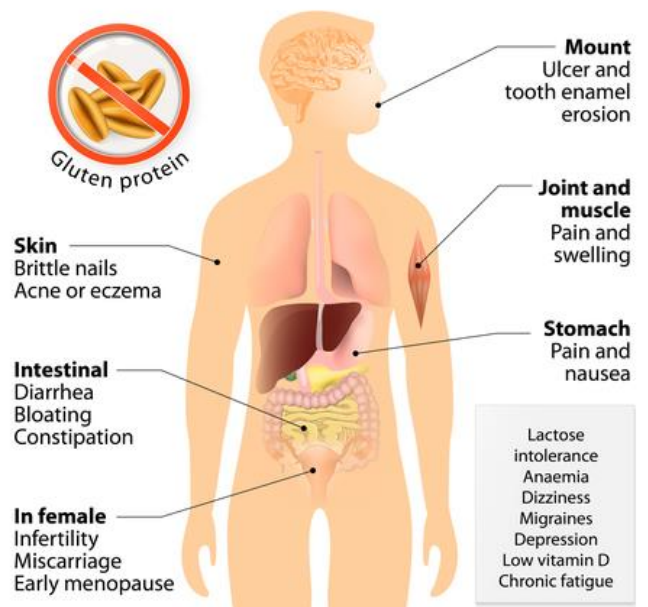
Disease Awareness Month



CELIAC FACTS

- * ABOUT 83% OF AMERICANS WHO HAVE CELIAC DISEASE ARE UNDIAGNOSED OR MISDIAGNOSED.
- * SIX TO 10 YEARS IS THE AVERAGE AMOUNT OF TIME A PERSON WAITS FOR THE CORRECT DIAGNOSIS.
- * CELIAC DISEASE CAN AFFECT MEN AND WOMEN ACROSS ALL AGES AND RACES.
- * ONE IN 133 AMERICANS (ABOUT 1% OF THE POPULATION) HAS CELIAC DISEASE.
- * THERE ARE NO PHARMACEUTICAL CURES FOR CELIAC DISEASE.
- * A 100% GLUTEN-FREE DIET IS THE ONLY EXISTING TREATMENT.

CELIAC DISEASE



*******NYSUT NEWS*******

Mourning for the dead, fighting for the living

Workers Memorial Day is a day to remember those who have suffered and died on the job. It also energizes us to continue the struggle to fight and advocate for a safe and healthy workplace for all. During the past year, 47 New Yorkers lost their lives while on the job; and tens of thousands others were injured. Here's more on the regional observance [held at NYSUT HQ](#) Thursday morning.

Get out the YES votes on May 17

Local school budget votes statewide will be Tuesday, May 17, and again this year, NYSUT has posted school budget campaign materials for local use.

Support the March for Farm Worker Justice, May 15–June 1

Please support New York's farm workers. There are plenty of ways for individuals and/or locals and chapters to get involved. Go to www.NYSUT.org for more info.

Support LGBTQ Advocacy Day May 17

May 17 is [LGBTQ Advocacy Day](#) in Albany. The event is free to attend, but [registration is required](#). Help advocate for LGBTQ New Yorkers. Everyone is welcome. <https://www.cvent.com/c/express/96bdcec3-944d-466f-b4c4-669d4cf50538>



Save with NYSUT Member Benefits

The NYSUT membership is made up of a variety of diverse professionals within the education and health care industries -- joining together in support of those who depend on them. We salute these men and women for their dedication and the sacrifices they make on a daily basis to help improve the lives of others.

And we are proud to offer you -- the hard-working NYSUT member -- an opportunity to participate in the more than 40 endorsed programs & services offered by NYSUT Member Benefits.

Look to Member Benefits for crucial insurance programs such as auto, homeowners, life, disability, or long-term care insurance. Member Benefits also offers a variety of travel, entertainment & shopping options to help you with everything from daily purchases to those special once-in-a-lifetime excursions.

The following is just a sampling of the endorsed programs & services available to NYSUT members & their families:

- Homeowners Insurance
- Auto Insurance
- Legal Service Plan
- Financial Counseling Program
- Life Insurance
- Vision Plan
- ID Watchdog
- PayCheck Direct
- Car & Truck Rentals
- Wyndham Hotels
- Endless Vacation Rentals
- Buyer's Edge, Inc.



To learn more about Member Benefits-endorsed programs & services, visit memberbenefits.nysut.org or call 800-626-8101.



For information about contractual endorsement arrangements with providers of endorsed programs, please contact NYSUT Member Benefits. Agency fee payers to NYSUT are eligible to participate in NYSUT Member Benefits-endorsed programs.