



*“Using a democratic structure, SABEA supports student success and works toward improving the professional, economic, and personal lives of our members and families.*”

**NOTE FROM PRESIDENT RUTH SHIPPEE:  
“THEY DID, WE SHOULD, WE WILL”**

Dear Brothers and Sisters,

In the past month or so, I have seen so many of you step up when called to action. I have had conversations with many of you that you may have been supportive of your union and glad to be a member and now, *you want to be more active*. We are ready to move our movement in a great direction.

Your rep will be reaching out with several ways you can take action. I understand going from 10 to 60 miles per hour can be hard so there are several ways at different levels of action. Keep your momentum going: *we need to support each other, hold each other up, celebrate the great work we do and through our actions, demand the respect and compensation we should have*.

As the school year wraps up, there will be opportunities to come together and hold fast to our values. **Your rep will be discussing with you 3 ways to take action in the next few weeks and months as we continue to work on our contract and becoming a more active community.**

I hope everyone will be at our *June 2* retirement party at the Holiday Inn in Saratoga Springs beginning at 3 pm. Presentations will be around 4-4:30. Contact Chris Ogden at Myers (581-3611) to make a reservation. The price is \$23/person.

We will be having a happy hour on *Thursday, June 22* to celebrate our work and successes over the past year. Stay tuned for final plans. Information will also be posted on our FACEBOOK page and website.

As we move forward, keep looking for ways to be a little more of “an active union member.”

In solidarity---

Ruth

[ruth.shippee@gmail.com](mailto:ruth.shippee@gmail.com)

Make sure that you go vote on your district school budget and Board of Education members on Tuesday, May 16. What happens in our districts impacts our students.



**VOTE Cope:**

This is an important time for people who work in the public sector. Understand that there are many items that we currently have worked for as a labor movement that others would like to take away. THE ONLY WAY TO BE IN THE GAME TO PROTECT OUR COLLECTIVE BARGAINING RIGHTS is to contribute to VOTE COPE.

It takes money to be in the game and NYSUT needs EVERY ONE of us to contribute our share. No union dues can be used for lobbying efforts so VOTE COPE funds are the only source we have. For every dollar that a SABEA member contributes, \$.40 comes back to SABEA to use.

When your rep contacts you, complete the form--- everyone needs to contribute. (Retirees- make sure that you sign up for pension deductions and let NYSUT know that are a member of SABEA.)

So, keep this quote in mind from a state VOTE Cope coordinator Jeff Zuckerman “Will contributing \$50 to vote cope (which would be \$2/pay period) make a real impact on your life? Not contributing may have a huge impact on you.”

## UNION REPRESENTATION

The following are your “go to” people. Each is able to help answer questions about your membership, your rights as an employee and able to assist in getting you further information.

Also, as an employee, you have a right to the presence and counsel of union representation at a meeting with your supervisor where your conduct is being questioned and/or you reasonable believe disciplinary action may result. **Not sure??? Call your rep!** If you are not sure, always have your rep present. Another pair of ears is always a good thing to make sure you heard correctly.

*Remember also, that if a meeting begins to seem to be an interrogation, you can stop it and reschedule for when you can have SABEA representation with you.*

This year’s reps are:

**SAEC:**

- o Michele Morris 321-4552      [mmorrisunion@gmail.com](mailto:mmorrisunion@gmail.com)
- o Lisa Colvin 260-9994      [colv77@yahoo.com](mailto:colv77@yahoo.com)
- o Owen Landrey 914-772-7669      [owenlandrey@gmail.com](mailto:owenlandrey@gmail.com)
- o Keaysie Carpenter 681-6822      [misskeaysie@gmail.com](mailto:misskeaysie@gmail.com)
- o Jim Blakey 793-1416      [jblakely8615@roadrunner.com](mailto:jblakely8615@roadrunner.com)

**Gick Road:**

- o Chris Guenther      [cgguenther01@gmail.com](mailto:cgguenther01@gmail.com)

**Itinerants:**

- o Terry LaNoir 796-3154      [tdlanoir@gmail.com](mailto:tdlanoir@gmail.com)

**Myers:**

- o Paul Cerone 583-9935      pcerone@gmail.com
- o Jane Amorosi 355-8576      janie64@nycap.rr.com
- o Mary Moyles 322-1273      shamrocks2@aol.com
- o Kim Weaver 884-8153      [kweav60@gmail.com](mailto:kweav60@gmail.com)
- o Linda Parker 232-0985      waystation1977@gmail.com

**SSTLC:**

- o Mike Dinsmore 683-8712      md1093@yahoo.com

**WSTLC:**

- o Nancy VanVoast 496-5958      nvsquare@gmail.com

**Retiree**

- o Stephanie Pischel 355-0360      [spischel@netzero.net](mailto:spischel@netzero.net)

**Looking for a way to be more informed and involved? Due to retirements, SABEA will need two reps next year to replace Jim Blakely for CTE at SAEC and Nancy VanVoast at WSTLC. Please contact Chris Ogden or Jim or Nancy if you would like to take on this roll. If you are not sure if you want to take it on by yourself, we have several locations where people share the position.**

**SABEA may be adding more representatives as we grow so if you might be interested, let Ruth Shippee know.**

**Training for building reps is available and encouraged.**

# Sunshine Club Report

Keep these SABEA members in mind both for support and in joys!  
Let Laura at [sunshineclublaura@hotmail.com](mailto:sunshineclublaura@hotmail.com) know about any life events: she would rather hear multiple times than not recognize and reach out to people. This also includes information regarding our many retirees!

## April 2017

### WE ARE SO SORRY FOR YOUR LOSS

Amanda Dean, Sister in law passed

Mary Whalen, Aunt Passed

Peter Wieland, Aunt died

Denise McDonald, Sister in law died

Stacey Shewell, Aunt died

### SABEA Members: Bulletin Board

*This feature contains information about things members are doing. This may include items like bands they play in or plays they are a part of. Kicking off businesses could also be included. Send your information by the 2<sup>nd</sup> week of the month to [SunshineClubLaura@hotmail.com](mailto:SunshineClubLaura@hotmail.com) to be included in the newsletter. Items may also be added to our FACEBOOK page so send in the information.*

- **Doggie Treats!** Homemade dog treats with no added preservatives. Contact Nicole Mabey at [buddysbarkery1@gmail.com](mailto:buddysbarkery1@gmail.com) or 518-321-6274
- **Arbonne:** Tracey Rockenstyre is your independent consultant for Arbonne international, a health and wellness company. Here's a link to her website: [www.bit.ly/tracyrock](http://www.bit.ly/tracyrock) also have a fb biz page: @trockarbonne



# Food for Thought: Sweet Potato Fettucine

## Ingredients

- 1 large sweet potato (about 1 lb.)
  - 3 tablespoons butter
  - [1/2 cup Pecan Gremolata](#)
- 
- Garnish: fresh parsley sprigs



## How to Make It

1. Peel sweet potato, and cut lengthwise into 1/8-inch-thick slices using a mandolin. Stack 4 to 6 potato slices on a cutting board; cut lengthwise into 1/4-inch-wide strips. Repeat procedure with remaining slices.
2. Melt butter in a large skillet over medium heat; add potato strips, and sauté 6 to 8 minutes or until al dente. (Don't overcook strips or they will fall apart.) Add 1/2 cup Pecan Gremolata, and toss gently to coat. Serve immediately

## National Stroke Awareness Month


The National Stroke Awareness Month program places emphasis on making the public aware about **Acting FAST**.





According to the [National Stroke Association](#), a person experiencing a stroke can be treated if people have acted FAST - 80% of strokes can also be prevented.

**FAST** being an acronym for things to check in a suspected stroke victim:

- **F - Face** / Does the face droop on one side when the person smiles?
- **A - Arm** / After raising both arms, does one of the arms drift downwards?

- **S - Speech** /After repeating a simple phrase, does the persons speech sound slurred or strange?
- **T - Time** / If any or all of the above are observed call for 9-1-1 (if in US or 999 in UK) and ask for medical assistance.

**STROKE WARNING SIGNS** 

FACE	ARMS	SPEECH	TIME
			
<p><b>Face Drooping.</b> Look for an uneven smile.</p>	<p><b>Arm Weakness.</b> Is one arm weak? Can you lift both arms?</p>	<p><b>Speech Difficulty</b> Listen for slurred speech. Do people understand your speech?</p>	<p><b>Time is Brain!</b> Go to the hospital immediately, preferably with an acute stroke unit!</p>

**FROM: JO JAMES, 1ST VICE PRESIDENT**

**DATE: 5/10/17**

- The turnout for the Faces of SABEA Rally was excellent, your support shows BOCES that we are one unit. The negotiating team met May 4th to discuss our options. We are waiting for BOCES to place a new offer on the table that benefits all our members. In the meantime, we have some other activities planned (see Ruth's report).
- There are currently no active faculty grievances.



- Staffing meeting - April 25th, there are still 7 teaching positions, 15 teaching assistant, and 5.5 teacher aide positions open. BOCES continues to have difficulty filling vacancies.
- Please remember to follow your sign in/ sign out procedures. The sign in sheets are being checked.
- A friendly reminder to bring a union rep with you when you meet with administrators. It can be beneficial to have someone take notes to gather all information and also be sure policies are being followed.

## **Upcoming CDRO Regional Workshops:**

**Teacher Leadership Summit:** Experience a super cool 3-D science lesson. Learn five things to stop doing right now to improve the social, emotional and academic performance of your students. Get the latest info on teacher leadership and the new process for earning National Board Certification.

All are professional learning workshops featured at the first-ever [New York State Summit on Teacher Leadership](#) on May 19-20 at SUNY Buffalo State and the Marriott Harbor Center.

The conference, designed by teacher leader fellows with the National Board Council of New York State, is open to teachers, union leaders, administrators, and faculty from all higher education institutions.

On Friday evening, May 19, speakers will include Jere Hochman, the governor's deputy secretary for education; and the National Education Association's Jennifer Locke, a National Board Certified Teacher and expert on teacher leadership initiatives.

The registration cost is \$89 per person, with meals underwritten by co-sponsors including NYSUT, and NEA. Participants may earn Continuing Teacher & Leader Education (CTLE) professional learning hours required by the State Education Department.

Questions? Contact Annette Romano at [aromano12@gmail.com](mailto:aromano12@gmail.com)

**ERS RETIREMENT WORKSHOP** Please note all career levels are encouraged to attend, Cafeteria Staff, Bus Drivers, Aides, Custodians, Maintenance Staff, Tech Staff, Nurses & Secretaries are all encouraged to attend this workshop Co-Sponsored by QFA {Queensbury Faculty Assoc.} SALT (Southern Adirondack League of Teachers)

DATE: Monday May 22nd 2017 TIME: 6:00 pm – 7:30 pm

LOCATION: Queensbury Union Free School District – High School



## NYSUT News

### Educators played central role in crafting new standards

Source: NYSUT Media Relations

ALBANY, N.Y. May 2, 2017 — New York State United Teachers said today the [new draft of state standards for New York](#) and an extended 30-day comment period suggest a commitment to “getting it right.”

NYSUT President Andy Pallotta said, “New York educators played a central role in crafting these new, New York standards — an important change. In relying on educators in an open, transparent process, the State Education Department is showing a commitment to getting it right. Including another public comment period shows that SED is committed to winning support for New York’s new learning standards, and we commend the Department for taking this additional step.”

### **CERTIFICATIONS:**

Please make sure if you hold a teacher or TA level III certification that you have registered in TEACH and are current. NYSED is reporting many people have not done so and will be out of luck if not completed by July. NYSUT has a fact sheet found at

[https://www.nysut.org/~media/files/nysut/resources/2017/january/factsheet\\_17\\_02\\_ta\\_level\\_iii\\_registration\\_ctle.pdf?la=en](https://www.nysut.org/~media/files/nysut/resources/2017/january/factsheet_17_02_ta_level_iii_registration_ctle.pdf?la=en)

### **Personal Business Days:**

Please make sure that you read our contracts regarding Personal Business Leave. This is article 6.3 (Faculty) and 6.4 (SRP). Personal Business is intended for business matters that cannot be transacted outside school hours/working hours.

Unit members NEED NOT give a reason but merely indicate that the request complies with the above definitions. Requests shall be submitted to immediate supervisor, in writing, at least 24 hours prior to date requested. Except for an emergency, not to exceed one day per year. Personal business leave generally shall not be used to extend a recess or holiday period.

Contact your building rep if you have questions regarding this contract benefit.



## ***NYSUT Member Benefits offers savings, advocacy***

Your union is steadfast in its fight for better contracts, safer working conditions, fair pay, advocacy and upholding the labor rights of the dedicated women and men proudly working in the education and health care industries on a daily basis.

But your NYSUT membership does so much more! It also provides you the opportunity to enjoy the benefits of the more than 40 endorsed programs & services offered by NYSUT Member Benefits. Look to Member Benefits for crucial insurance programs such as auto, homeowners, life, disability, or long-term care insurance along with a variety of travel, entertainment & shopping options.

And participation in Member Benefits-endorsed programs & services gives you the added protection of knowing you have a trusted advocate on your side. Each of our endorsed offerings are regularly reviewed and monitored to ensure member satisfaction. Member Benefits is here to help if you should ever have any issues or concerns with any of these programs.

**The following is just a sampling of the endorsed programs & services available to NYSUT members & their families:**

- Homeowners Insurance
- Auto Insurance
- Legal Service Plan
- Financial Counseling Program
- Life Insurance
- Vision Plan
- Abenity Discounts
- Office Depot/OfficeMax
- Car & Truck Rentals
- Wyndham Hotels
- TripBeat by Endless Vacation
- Premier World Discovery



To learn more about Member Benefits-endorsed programs & services, visit ***memberbenefits.nysut.org*** or call **800-626-8101**.



For information about contractual endorsement arrangements with providers of endorsed programs, please contact NYSUT Member Benefits. Agency fee payers to NYSUT are eligible to participate in NYSUT Member Benefits-endorsed programs.

## TABLE OF CONTENTS

<u>Page</u>	<u>Article/report</u>	<u>Page</u>	<u>Article/report</u>
1	President's report	7	1 <sup>st</sup> VP Jo James Report
2	School Budget Votes	8	CDRO Workshops
2	VOTE COPE	8	ERS Retirement Workshop
3	Building Rep List	9	NYSUT News
4	Building Rep Vacancies	9	Teacher & TA Certifications
5	Sunshine Report for April	9	Personal Business Days
5	Member Bulletin Board	10	Member Benefits: What's Available
6	Food for Thought	11	SABEA Executive Board Elections
6	National Stroke Awareness		

This is the year that we elect our executive board and delegates to the NYSUT Representative Assembly. The Nominating Committee submitted the uncontested slate at the May rep council meeting.

At our June meeting, the following will be elected by the secretary casting one vote: *President Ruth Shippee, Executive Vice President Nicole Mabey, First Vice President-Faculty Grievance Chair Jo James, Second Vice President-SRP Grievance Chairs Deb Viehmann and Mirna Caro, Treasurer Penny Marshall, Secretary Karen Monastero, Membership Chair Deb Beaulieu, and Labor Ambassador Sandie Carner-Shafran.* NYSUT Representative Assembly delegates will be *Ruth Shippee, Nicole Mabey, Jo James and Penny Marshall.* AFT/NEA delegates are *Ruth Shippee and Nicole Mabey.*